

Milwaukee County Senior Dining MILWAUKEE CHRISTIAN CENTER

807 S 14th STREET

JULY 2016



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
180	CENTADO, MO	Suggested		Bratwurst on Bun
	SENIORS: \$2.	Contribution	ACCEDA / A TIONIC	w/ Sauerkraut
	44		RESERVATIONS	Garden Salad w/Dressing
	11	:30	REQUIRED	Rice
			PLEASE CALL	Calcium Fortified Juice
GUEST FEE: 8	\$7.00 LU	NCH	382-7432	Pineapple Tidbits
			302 7 132	Strawberry Ice Cream
A CONTRACTOR A	5 D TI LC: F	6		8
	Bean Thread Stir-Fry	Spaghetti	Chicken Soup	Roast Pork Loin
m s views	w/Pork, Baby Corn	& Meatballs	w/Mustard Greens	Baked Sweet Potato
	& Bamboo Shoots	Garlic Bread	Rice	Cauliflower
4 1	Rice	Green Beans	Calcium Fortified Juice	Rice
**************************************	Calcium Fortified Juice	Calcium Fortified Juice	Chilled Pears	Calcium Fortified Juice
*JULY	Chilled Peaches	Fresh Orange	Frosted Brownie	Fresh Apple
Clil Cr. F	Chocolate Chip Cookie	Peanut Butter Cookie	D 1 Cr. E 14	F : 15: 1
Chicken Stir-Fry	Beef Soup 12	Baked Chicken 13	,	Fried Fish 15
w/Broccoli	w/Rice Noodles	Baked Sweet Potato	with Mushrooms	Peas
Rice	Carrot Coins	Rice	Green Beans	Rice
Calcium Fortified Juice	Calcium Fortified Juice	Garden Salad w/Dressing	-	Calcium Fortified Juice
Mandarin Oranges	Tropical Fruit Cocktail	Calcium Fortified Juice	Calcium Fortified Juice	Buttermilk Biscuit
Chocolate Chip Cookie	Sugar Cookie	Fresh Red Grapes	Fresh Apple	Fresh Banana
			Chocolate Ice Cream	Oatmeal Raisin Cookie
Beef Stir-Fry 18	Asian Sausage 19	Chicken Drumsticks ²⁰	Ground Pork Stir-Fry ²¹	Red Curry Chicken Soup
w/ Broccoli	Rice	Carrot Coins	with Cabbage	with Rice Noodles
Rice	Peppers and Onions	Rice	Rice	Whole Kernel Corn
Calcium Fortified Juice	Calcium Fortified Juice	Papaya Salad	Calcium Fortified Juice	Calcium Fortified Juice
Fresh Orange	Fresh Red Grapes	Calcium Fortified Juice	Fresh Apple	Mandarin Oranges
Peach Pie	Sugar Cookie	Fresh Banana	Peanut Butter Cookie	Chocolate Chip Cookie
NUTRITION COUNCIL MEETING Baked Fish 25	Spaghetti 26	Fried Noodles w/Pork	Pork Soup 28	Meat Loaf w/Gravy ²⁹
Rice	& Meatballs	2 Egg Rolls	w/Mustard Greens	Mashed Potatoes
Green Beans	Garlic Bread	Carrot Coins	Rice	Whole Kernel Corn
Calcium Fortified Juice	Calcium Fortified Juice	Calcium Fortified Juice	Calcium Fortified Juice	Rice
Fresh Orange	Pineapple Tidbits	Fresh Apple	Fresh Red Grapes	Calcium Fortified Juice
Ginger Snap Cookie	Chocolate Chip Cookie	Strawberry Ice Cream	Sugar Cookie	Oatmeal Raisin Cookie